

## INGREDIENT GLOSSARY

Our ingredients must meet the most exacting standards before we include them in your skin care. We use ingredients in their most holistic states, giving you the benefits of their synergy. All ingredients are either certified organic botanicals, derived from certified organic botanicals, or naturally occurring minerals. Our raw ingredients are fair trade sourced and never contain parabens or other synthetic preservatives.

### Latin or Chemical Name - Common Name - Function

#### **Aloe barbadensis gel\*** Aloe vera gel

Function: An excellent skin soother and hydrator.

#### **Alpha lipoic acid\*\*** from Potatoes

Function: A powerful antioxidant and anti-inflammatory.

#### **Ananas sativus extract\*** Pineapple extract

Function: A mild exfoliant with anti-inflammatory properties.

#### **Arginine\*\*** Amino acid from wheat germ

Function: Amino acids support proteins in the skin (collagen/elastin)

#### **Ascorbic acid (Ester C)\*\*** from Citrus fruit

Function: A powerful antioxidant that promotes collagen production.

#### **Butyrospermum parkii butter\*** Shea butter

Function: Moisture-rich butter which is used as an emulsifier. A superb emollient, high in fatty acids and other nutrients.

#### **Carica papaya extract\*** Papaya extract

Function: An excellent skin softener, its enzymatic action is mildly exfoliating.

#### **Centella asiatica extract\*** Gotu Kola extract

Function: Ayurvedic herb used for its healing properties.

#### **Cera alba\*** Beeswax

Function: A natural emulsifier and thickener that is protective, soothing and healing to the skin.

#### **Citrus aurantium bergamia oil\*** Bergamot oil

Function: A good tonic for irritated acne-prone skin.

#### **Citrus aurantium dulcis oil\*** Sicilian orange oil

Function: An anti-inflammatory, antibacterial and antifungal used for its refreshing properties and pleasant scent. Contains flavonoids and vitamins A, B, C and E.

#### **Citrus aurantium dulcis water\*** Orange blossom water

Function: A mild astringent.

#### **Citrus grandis oil\*** Grapefruit oil

Function: Used in creams and lotions for its aroma therapeutic, astringent, skin-freshening and sebum-balancing properties.

#### **Citrus medic limonum oil\*** Lemon oil

Function: Has antioxidant and antibacterial properties. A skin freshener and sebum balancing agent.

#### **Citrus nobilis oil\*** Mandarin oil

Function: Natural anti-inflammatory known to improve skin and scalp circulation. Has a lightening effect on the skin, helping fade freckles and other discolorations.

#### **Citrus paradisi seed extract\*** Grapefruit seed extract

Function: Has anti fungal, antimicrobial and antiviral properties. Combined with antioxidant vitamins and Potassium sorbate it makes an effective plant-based preservative giving our products a shelf life of 2 years unopened.

#### **Cocos nucifera oil\*** Coconut oil

Function: An emollient, protective to the skin, and rich in fatty acids.

#### **Cymbopogon martinii oil\*** Palma Rosa oil

Function: A hydrating tonic.

#### **Daucus carota oil\*** Carrot seed oil

Function: Rich in vitamin A, natural retinol for skin repair. The seeds of carrots yield an essential oil that is rich in beta carotene. Also high in vitamin E, it is essential to skin cell regeneration and stimulates sebum production in dry, scaly scalps and skin.

#### **Dead sea mud**

Loaded with 26 minerals essential to skin function – providing mineral rich hydration and increasing oxygen flow to the skin while extracting impurities.

#### **Echinacea angustifolia extract\*** Coneflower

Function: Stimulates cellular regeneration & regulates inflammation. A number of studies have pointed to its antibacterial and anti-fungal properties. Its root extract is used in cell therapy and anti-aging formulas as a hydrator and firming agent.

#### **Euphrasia officinalis extract\*** Eyebright extract

Function: Used for eye contour tissue to reduce irritation, inflammation and under-eye puffiness.

#### **Glycerin (vegetable)\*\*** from Vegetable oils

Function: Rich humectant, emollient and lubricant naturally extracted from vegetable oils, used in cosmetic formulations for thousands of years.

#### **Glycine soja oil\*** Soy oil

Function: Good emollient, high in linoleic, oleic, palmitic and linolenic acids (essential fatty acids necessary for healthy skin). Reduces skin's dryness during menopause.

#### **Hamamelis virginiana water\*** Witch hazel

Function: A natural astringent and tonic. An anti-irritant and anti-inflammatory.

#### **Helianthus annuus seed oil\*** Sunflower oil

Function: A rich, yet light emollient high in linoleic and oleic essential fatty acids. A good base for massage oils and lotions.

#### **Honey\***

Function: A natural humectant (holds moisture) that is antibacterial, nourishing and soothing to the skin.

#### **Lactic Acid\*\*** from Buttermilk

Function: A gentle exfoliant

**Melaleuca alternifolia oil\*** Tea Tree oil

Function: Essential oil with powerful antiseptic and germicidal properties.

**Melia azadirachta leaf extract\*** Neem leaf extract

Function: Anti-fungal, anti-inflammatory and protective.

**Palmitoyl oilgopeptide\*\*** Pentapeptide from botanical sources

Function: Sulfur-rich amino acid combinations that are essential to protein metabolism. The combinations are designed to promote the regeneration of new skin cells, to help rebuild collagen and elastin structure or to help regulate oil production.

**Potassium cocoate\*\*** from Coconut oil

Function: A gentle cleanser.

**Potassium oleate\*\*** from Sunflower

Function: A gentle cleanser.

**Potassium sorbate\*\*** from Bananas

Function: A natural food-grade preservative, inhibits mold and yeast.

**Prunus amygdalus dulcis oil\*** Almond oil

Function: Excellent emollient high in oleic, linoleic and other fatty acids, ideal for very dry skin – soothing and moisturizing.

**Rosa canina fruit oil\*** Rose hip oil

Function: Rich in vitamin C, a regenerative antioxidant.

**Rosa centifolia water\*** Rose water (from Cabbage roses)

Soothing, cooling and hydrating, especially beneficial for dry, sensitive skin. Has a more citrus-like scent than Damask rose water.

**Rosa damascena distillate\*** Rose water (from Damask roses)

Function: A by-product of the distillation of fresh rose petals, this floral water is a natural hydrator and anti-irritant. Soothing, cooling and hydrating, especially beneficial for dry, sensitive skin.

**Rosa damascena oil\*** Rose oil (Damask)

Function: Essential oil obtained by steam distillation. Used for its skin softening, soothing and hydrating properties. Also has a wonderful aroma.

**Rosmarinus officinalis extract\*** Rosemary extract

Function: A purifying and toning anti-oxidant.

**Sodium chloride** Sea Salt

Mineral-rich salt naturally obtained from sea water. Used in bath soaks and body scrubs for its softening effect on the skin. It is an ionic stabilizer and pH balance.

**Symphytum officinale leaf extract\*** Comfrey extract

Function: A healing agent and soothing moisturizer. Anti-inflammatory and anti-irritant. It promotes skin cell regeneration.

**Triticum vulgare germ oil\*** Wheat germ oil

Function: An anti-inflammatory and skin nourisher that also acts as a natural preservative because of its high vitamin E content. Antioxidant a natural preservative and a source of vitamin E.

**Ubiquinone\*\*** Coenzyme Q10

Function: Catalyses cellular repair.

**Vaccinium myrtillus/extract\*** Bilberry extract

Function: Astringent and tonic shown to increase capillary strength. As a natural form of fruit acids, it is also a gently exfoliates.

**Vitaminum A\*\*** from Carrots & Squash

Function: Catalyses cellular repair and helps balance sebum secretion, helping to prevent blemishes.

**Vitaminum B\*\*** from Yeast

Function: Helps to support the skin cell metabolic function, also helps balance sebum production.

**Vitaminum C\*\*** from Citrus fruit

Function: A powerful antioxidant that plays an essential role in building collagen, it also help to preserve.

**Vitaminum E\*\*** from Fruit oils

Function: The most potent antioxidant vitamin around, it protects skin from cancer-causing free radicals and is essential for proper utilization of oxygen in the tissues. It also acts as a natural preservative.

**White clay**

Function: a fine clay that clarifies and draws out impurities.

**Xanthan gum\*\*** from Cabbages

Function: Used as a natural stabilizer, thickener and emulsifier.